



Spring 2013

Visit Us Online! [www.scotchplainsnj.com](http://www.scotchplainsnj.com)



**SCOTCH PLAINS  
PARKS & RECREATION**  
430 Park Avenue  
Town Hall, Room 113  
Scotch Plains, NJ. 07076  
(908) 322-6700 x223

**Director**  
Ray Poerio

**Recreation**  
Stephen Dahl - Recreation Supervisor  
Chris Monahan - Facility Manager  
Charles DeFrancesco - Sr. Greenskeeper

**Recreation Commission**  
Robert Giordanella, Chairman  
Mike Dempsey, Vice Chairman  
Linda Grimm  
Andy Weber  
Keith Guarnuccio  
Lamont Davis  
Mike Walsh

**Town Council**  
Kevin Glover, Mayor  
Colleen Gialanella, Deputy Mayor  
Mickey Marcus  
Bo Vastine  
Lou Beckerman

**Office Hours**  
Monday to Friday  
8:30 AM to 4:00 PM

**Public Meetings**  
2nd Monday of the Month  
8:00 pm at Scotch Hills Country Club

**Leading Off...**

## Small Fry Camp

***Ages 3 through 5  
(Have Yet To Attend Kindergarten)***

***Limited Space Available!***



**Location: Green Forest Park**

***Session 1: July 1st to July 12th - \$110***  
***Session 2: July 15th to July 26th - \$120***  
***Session 3: July 29th to Aug. 9th - \$120***

**Each Session has 2 Time Slots**  
**9:00am to 11:15am OR 11:30am to 1:45pm**



**Register for Camps at**  
**[www.scotchplainsnj.com](http://www.scotchplainsnj.com),**  
**click "Recreation Registration"**

**Inside This Edition:**  
**Golf, Zumba, & More!**



## Sports Programs



### Total Sports Squirts (Ages 3 to 5)

Program run by U.S. Sports Institute.  
A great way to introduce children to a variety of sports such as Soccer, T-Ball, Basketball, Lacrosse and Hockey.

**Register Now!!**

**Day/Time :** Fridays / 9:30am to 10:30am  
**Dates:** 4/19 - 5/31  
**Cost:** \$105 for 7 week session  
**Location:** Kramer Manor Park

### Parent & Me—Total Sports Squirts

Program run by U.S. Sports Institute. A great way for you and your child to experience a variety of sports such as Soccer, T-ball, Basketball, Lacrosse and Hockey

**Register Now**

**Day/Time :** Fridays / 10:45am—11:30am  
**Dates:** 4/19 to 5/31  
**Cost:** \$79 for 7 week session  
**Location:** Kramer Manor Park

### Thursday Tennis (Ages 5 to 14)

Run by US Sports Institute

Students in the class will receive encouraging instruction by introducing fundamentals, tactics and strategies within the game. All of our participants will use these skills in the variety of fun games to ready them for play on the court.

**Bring your own racket**

**REGISTER NOW!!**

**Dates: 4/18 - 5/30**

1st Play -Session 1	(Ages 5 to 7)	4:00pm to 5:00pm	Fee = \$105
1st Play-Session 2	(Ages 8 to 10)	5:15pm to 6:15pm	Fee= \$105
1st Play-Session 3	(Ages 11 to 14)	6:30pm to 7:30pm	Fee = \$105
Premier Play	(Ages 7 to 14)	7:30pm to 8:30pm	Fee = \$105

**LOCATION: KRAMER MANOR COURTS**



### TENNIS SQUIRTS (Ages 3 to 5)



Students will learn the fundamental skills and tennis strokes in a low pressured, fun environment, while quickly developing their tennis skills.

**REGISTER NOW!**

**DAY/TIME:** Thursday 3:15pm—4:00pm  
**DATES:** 4/18 - 5/30  
**COST:** \$89.00  
**LOCATION:** Kramer Manor Courts



## FASHIONABLY CHIC

**Calling all fabulous fashionistas! Looking for that perfect outfit? Learn to make it yourself!**

Designing staples. We'll teach you the ins and outs of fashion design from top to bottom, head to toe possibilities are endless as we show you how to tap your creative genius and since every young designer deserves their day on the runway, we'll celebrate the end of the season with a fashion show for friends and family!

**Register Now!**



**Day/Dates:** Friday's 4/26, - 5/3, 10, 17, 24, 31 6/7, 14  
**Time :** 4:00 to 5:00 PM  
**Cost:** \$116.00  
**Location:** Towne House at Green Forest



## HOCUS POCUS (Grades K-5)

Calling all Magicians and Clever Young Wizards learn how to trick your friends and family! Become a fully practicing magician and learn to perform both stunning stage feats and dazzling close-up innovations!

**Register Now!**

**Day/Dates:** Wednesday's 4/24 - 5/1, 8, 15, 22, 29  
 6/5, 12  
**Time:** 4:00 to 5:00pm  
**Cost:** \$116 for 8 week session  
**Location:** Scotch Hills Country Club



## AVIATION (Grades K-5)

Each aviator learns to read plans, use metric rules, make necessary calculations and work with different hobby tools. Aviators will be educated with actual FAA certified materials. All materials included!

**Register Now!**

**Day/Dates:** Tuesday's 4/23, 30—5/7, 14, 21, 28  
 6/4, 11  
**Time:** 4:00pm to 5:00pm  
**Cost:** \$116 for 8 week session  
**Location:** Towne House at Green Forest



## Sports & Fitness Programs



### Tennis Drills (40 and Over)

This sports activity is geared for older tennis players that are looking to hone their skills and improve their play.

**Register Now!**

**Day/Time :** Wednesdays / 6:30pm to 8:00pm  
**Dates:** 4/24 to 5/22  
**Cost:** \$65 for 5 week session  
**Location:** Kramer Manor Park

### Zumba (Ages 16 & Up)

Dance your way to a fitter you! Exciting and unique latin moves and rhythms. Come and join the fun!

**Register Now!**

**Day/Time :** Tuesdays / 7:30pm to 8:15pm  
**Dates:** 4/23 to 6/25  
**Cost:** \$95 for 10 sessions  
**Location:** Towne House at Green Forest Park

## Jazzercise

A 60 minute class of cardio, strength and stretch moves for a total body workout. We've taken moves from hip-hop, yoga, pilates, kickboxing and resistance training bundled into 1-hour. All ages, levels and sizes welcome so come join us today!

**Class Schedule: Mon. & Wed. - 6:30pm; Tue. & Thurs. 5:30pm; Sat. - 8:30am; Sun. - 8:30am**

All Classes at the Scotch Hills Country Club. For More info, contact Felicia at 908-799-8417 or Felicia.petway@gmail.com

**Intro to Rock & Roll Instruments (4 to 6 Years)**

Curious about what instrument is right for your child? Come join Rahway Music Studio. on this fun journey through the world of instruments used to play rock-n-roll music. Participants will get a chance to learn to play drums, guitar, keyboards and sing along with their favorite rock tunes.

**Register Now!**

**Day/Time :** Wednesdays / 3:30pm to 4:30pm  
**Dates:** 4/17 to 5/22  
**Cost:** \$75 for 6 week session  
**Location:** Towne House at Green Forest

**Intro to Guitar (Ages 9& Up)**

Come join Rahway Music Studio and learn to play guitar like your favorite rock and roll hero. This fun and exciting class is centered around chord theory, song study, artist study, melodic embellishments & proper playing technique and posture.

**Register Now!**

**Day/Time :** Wednesdays / 4:30pm to 5:30pm  
**Dates:** 4/17 to 5/22  
**Cost:** \$75 for 6 week session  
**Location:** Towne House at Green Forest Park

**Drum Circle—(Ages 3 to 6)**

**Register Now!**

Explore rhythm with Rahway Music Studio with Drum Circle. Children ages 3 to 6 can learn various world rhythms, practice call and response, and play fun games designed to teach the basics of drumming.

**Time :** Wednesdays / 5:30pm to 6:30pm  
**Dates:** 4/17 to 5/22  
**Cost:** \$75 for 6 week session  
**Location:** Towne House at Green Forest Park

**SMARTSITTER (Ages 11 to 16)**

Designed to teach participants the many skills of becoming a great babysitter. Taught by registered nurses, topics covered include care for infants to school-age children, basic first aid, handling choking emergencies, fire safety and prevention and safety for both sitter and child.

**Participants bring lunch**

**Register Now!**

**Day** Saturday April, 6th  
**Time:** 9:00am to 3:00pm

**Cost:** \$60 per person  
**Location:** Towne House at Green Forest Park

**Spring Break Camp****Golf Camp (Grades 2nd to 8th)**

Resident Scotch Hills and PGA Professional Bill McCluney is back to instruct all levels of golf. Each session is one hour and is based on ability and grade.

***Limited to 8 kids per time slot***

**Register Now!**

**Day/Time :** Monday to Thursday  
 1:00pm to 2:00pm (2nd to 5th Grade)  
 2:00pm to 3:00pm (6th to 8th Grade)

**Cost:** \$75.00  
**Location:** Scotch Hills Country Club  
**Dates:** March 25th to March 28th—(RAIN DATE Friday 3/29)



## Easter Egg Hunt

Sponsored by the Recreation Commission &  
Scotch Plains Junior Women's Club



Meet the Easter Bunny!  
Face Painting  
Jelly Bean Guess

All Hunters must be  
8 and under

Temporary Tattoos  
Lollipop Pull  
Bake Sale

Date: March 23rd

Location: To Be Announced (Check Our Website!)



## Smartycat Kids



### Junior Scientists (K- 3rd Grade)

We making learning science fun! If your child would enjoy making liquids bubble, fog, ooze, or erupt; launching miniature gas powered rockets; designing and constructing model structures; building solar-powered robots; than this is the program for them!

**Register Now!**

**Days/Time :** Monday's 4:30pm to 5:15pm  
**Cost:** \$125

**Dates:** 4/8 to 6/3 (No Class 5/27)  
**Location:** Towne House at Green Forest Park

## Senior Programs

### Senior Zumba

Senior exercise incorporates cardio movement with strength training using weights and bands.

**Register Now!**

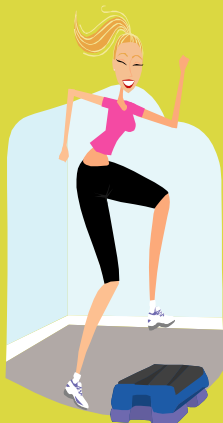
**Days/Time :** Tuesday & Thursday  
10:15am to 11:15am  
**Dates:** 4/16 to 5/23  
**Cost:** Residents - \$5, Non-Residents - \$10  
**Location:** Towne House at Green Forest Park

### Line Dancing

Sandy and Lou are back again for this exciting line dancing class! Whether you're a beginner or a pro, you'll be sure to have a good time

**Register Now!**

**Day/Time :** Monday / 10:30am to 11:30am  
**Dates:** 4/1 to 6/10 10 sessions  
**Cost:** Residents - \$15, Non-Residents - \$20  
**Location:** Towne House at Green Forest Park

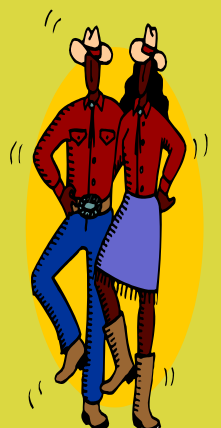


### Senior Yoga

55 minute class of gentle stretching, strengthening poses, use of small hand held weights, breathing practices, community, laughter and music

**Register Now!**

**Days/Time :** Monday & Wednesday  
12:00 p.m.  
**Dates:** 4/22 to 6/3  
**Cost:** \$15 per person  
**Location:** Towne House at Green Forest Park







## What's Happening at Scotch Hills

### May is Family Golf Month!

Join our PGA Golf Pro, Bill McCluney in learning the different aspects of golf. Bill will tailor his lessons towards your family's interest. Bring up to 6 people!

**Four - 30 Minute Lessons for only \$99**

### Free Lessons for Members in June

As part of our Membership Benefit program, PGA Golf Pro Bill McCluney will be on hand every Wed. & Thurs from 6pm to 8pm for Free 10 Minute Individual Lessons.

**You must be a Member to take advantage of this,  
for info on becoming a member or to schedule a lesson,  
please contact the Pro Shop (908) 232-9748**

### JULY

Ladies Golf Month

July 8th—July 14th is bring your daughter to the course week, one paying adult, **JUNIORS PLAY FREE.**

### Upcoming Events

*Patriot Weekend*

*August 31st thru September 2nd*

*Come Honor and Celebrate our Brave Americans over the  
Labor Day Weekend*

**Golfers will be asked to donate \$1 to benefit the Folds of Honor Foundation**

**Golf Pro - Contact information**

***Bill.mccluney@yahoo.com***

***(908) 447-1546***



*See Next Page for a Special Mini Golf Coupon!*





### Bill's Lesson Rates

Private Half Hour  
\$35

Full Hour Lesson  
with Friend  
\$70

(3) 1 Hour Private  
Lessons  
\$180

For Info or to  
Schedule - Call  
908-447-1546

## Tips From the Scotch Hills Pro - Bill McCluney ***DRIVER PRE-SHOT ROUTINE***

- Tee high enough so that about half the ball is visible above the driver head
- Step back behind the ball and pick a target line.
- Take one energetic practice swing (full speed) and pause the finish position (all weight on front foot)
- Step to the ball. For a driver the ball should be played off the forward foot (in the middle for irons)
- Swing! Don't forget to hold the finish! This efficient routine only takes 30-seconds and will help you be prepared for each shot.

**I hope this will help all of you enjoy your game a little more.**

*Don't Forget About Our Spring Break Golf Camp For Kids*

*More Info on Page 4!*



## Scotch Hills Miniature Golf Course

Bring your family to this  
Award Winning Course!

Only \$4 for Kids and \$6 for Adults during  
the day!



*Host Your Kids Birthday Here*

- Mini Golf
- Pizza & Soda
- Use of Party Pavilion

All for Just \$12 Per Person!

Call The Pro Shop To Book Today - (908) 232-9748

*Scotch Hills Miniature Golf Course*

***Buy 1 Round - Get 1 Free!***

Must Be Accompanied by an Adult

Valid for 2013 Season - Present at Desk

Scotch Plains Recreation  
430 Park Ave.  
Scotch Plains, NJ. 07076

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UNION, NJ

## ECRWSS POSTAL CUSTOMER LOCAL

**Register for All Programs Online at [www.scotchplainsnj.com](http://www.scotchplainsnj.com)!**

### Recreation Department Registration Guidelines

Registration begins only on the date as listed with each program. Participants may sign up either online through our Community Pass Registration system at [www.scotchplainsnj.com](http://www.scotchplainsnj.com) or through the Recreation Office.

*Those individuals needing special accommodations should contact the Recreation Department.*

#### Out of Town Policy

All Scotch Plains Recreation programs are subject to an additional fee for participants that are not considered to be a resident of the Township of Scotch Plains or Borough of Fanwood. Please call our office to see if a program is subject to these fees.

#### REFUND POLICY

All programs are non-refundable, except in the event that a class is cancelled due to enrollment.

Refunds are processed through town check according to the Finance Department's billing schedule. Process for refunds typically take 4 –6 weeks.



## STARS Summer Theatre



The Recreation Department is pleased to offer our popular STARS Summer Theatre program beginning in the Summer for Kids of All Ages!

Our program gives the opportunity to our future shining stars to put together a play from pre-production to opening night.

#### **Registration Fee is \$30**

All participants are subject to an audition, although all participants will have a part within our productions. Kids should prepare a verse and chorus of either a Disney or Musical Theater song

#### **Audition Dates (at YMCA on Grand St.)**

April 26th 6:30pm to 9:00pm

April 27th 8:00am to 2:00pm

April 28th 9:00am to 1:00pm

#### **Tentative Productions**

*The Little Mermaid Junior - July 12th to 14th*

*The 2th Annual Putnam County Spelling Bee - Aug 9th to 11th*

#### **New This Year - STARS Tech Training Program**

Kids will learn valuable skills related to being a stage crew member. Participants will work with stage crew staff and help with productions.

**Registration: \$30**

Questions? Email [starstheatre@yahoo.com](mailto:starstheatre@yahoo.com)